



Sumy State Pedagogical University named after A. S. Makarenko

ISMA University of Applied Sciences

PROMISING AREAS FOR THE DEVELOPMENT OF PHYSICAL CULTURE, SPORTS, FITNESS AND RECREATION

Scientific monograph



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REVIEWERS:

Djakons Romans – Dr.sc.ing., Professor, Academician, President of ISMA University of Applied Sciences;

Rybalko Petro Fedorovych – Doctor of Pedagogy, Professor, Professor at the Department of Theory and Methods of Physical Culture, Sumy State Pedagogical University named after A. S. Makarenko;

Tomenko Oleksandr Anatoliiovych – DSc (Physical Education and Sports), Professor, Head of the Department of Theory and Methods of Physical Culture, Sumy State Pedagogical University named after A. S. Makarenko;

Liannoi Mykhailo Olehovych – PhD in Pedagogy, Professor, Director of the Institute of Physical Culture, Sumy State Pedagogical University named after A. S. Makarenko;

Bermudes Diana Valeriivna – PhD in Pedagogy, Associate Professor, Head of the Department of Theory and Methods of Sports, Sumy State Pedagogical University named after A. S. Makarenko.

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