



YOUR OLYMPIC GUIDEBOOK

by Maria M. Bulatova



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Athletes' representative: Mads KRUSE ANDERSEN (DEN)



Dear friends!

I am glad to present you a wonderful Olympic edition "Your Olympic Guidebook".

This book will help you to plunge into the unique world of Olympism, learn about the glorious pages of the Olympic Movement, the European Olympic Committees' history, and familiarize with the members of the European Olympic family — the National Olympic Committees of Europe. It will also present you interesting information about the European Youth Olympic Festivals.

I sincerely thank the National Olympic Committee of Ukraine for a positive experience and interesting developments that are fully used in this unique guide.

Have a nice trip to Olympic Europe!

Share Olympic ideals and values with us!



PATRICK HICKEY
EOC President





SUSANNA RAHKAMO
*Chair of the EOC Olympic
Culture and Legacy
Commission*

My dear friends,

The future of sports is rooted in its values. To create a powerful sports legacy we must invest in developing a strong and inspiring sports culture. As in Games past, our Games today must continue telling the story of the Olympic values we all embrace.

We all remember how exciting it was to see Andy Murray's drive and determination at the London 2012 Olympics – in front of his friends and family he finally won over his greatest rival Roger Federer. In London we also witnessed how Ireland's Katie Taylor became a pioneer for women's boxing. She became a hero in her native Ireland, bringing inspiration to a country struggling in recession. On the athletics field, we were given a great display of friendship and respect when Chinese Liu Xiang's fellow sportsmen helped Liu, a national idol and the favourite to win the 110 meter hurdles, from the stadium after his Achilles heel injury.

Excellence requires total harmony with body, mind and spirit. Sport is empowering and generates good life. Small deeds can have a tremendously positive effect on the world and affect many people near and far. The Olympic family embraces these values.

You hold the second edition of the Olympic Guidebook in your hands. Its purpose is to inspire and help you realize your potential and to better contribute to the Olympic sports you are a part of. The Guidebook gives you a short tour of the main themes and values underlying these Games and the Olympic Movement. Enjoy!

On behalf of the EOC Culture and Legacy Commission, I would like to thank the Olympic Committee of the Ukraine for making this book and the previous commission for coming up with the idea of producing it.

Win a memory. Create a legacy.



Dear friends!

The Olympic Movement is one of the most amazing phenomena in the history of mankind. The beauty and grandeur of struggle and fortitude all that wonderful Olympic multifaceted world.

Originating in Ancient Greece, the Olympic Games were revived at the end of the 19th century after one thousand five hundred years of complete oblivion. They have turned into the celebration of peace, friendship and progress, and harmony of body and spirit, the greatness of reason and justice, as well as having become a school of education, lifestyle and selfaffirmation. The Olympic Games have added many great pages in the annals of world sport, which are offered in this book.

This is a good opportunity to get to know about the main Olympic values, make sure that Olympic history is not only athletic performance but also the triumph of the ideals of morality: humanity, justice, equality, and integrity. You'll be able to enhance your knowledge of the history of the Olympic Games, the European Olympic Committees, the European Youth Olympic Festivals, the Youth Olympic Games.

The book will be your good assistant while participation in the educational program for the European Youth Olympic Festival.

The unique world of Olympism will appeal to you! Let the Olympic flame, lit in legendary Olympia, and which has travelled to the cities hosting the Olympic Games, ignite goodness, mutual respect, peace, friendship and beauty in your heart!



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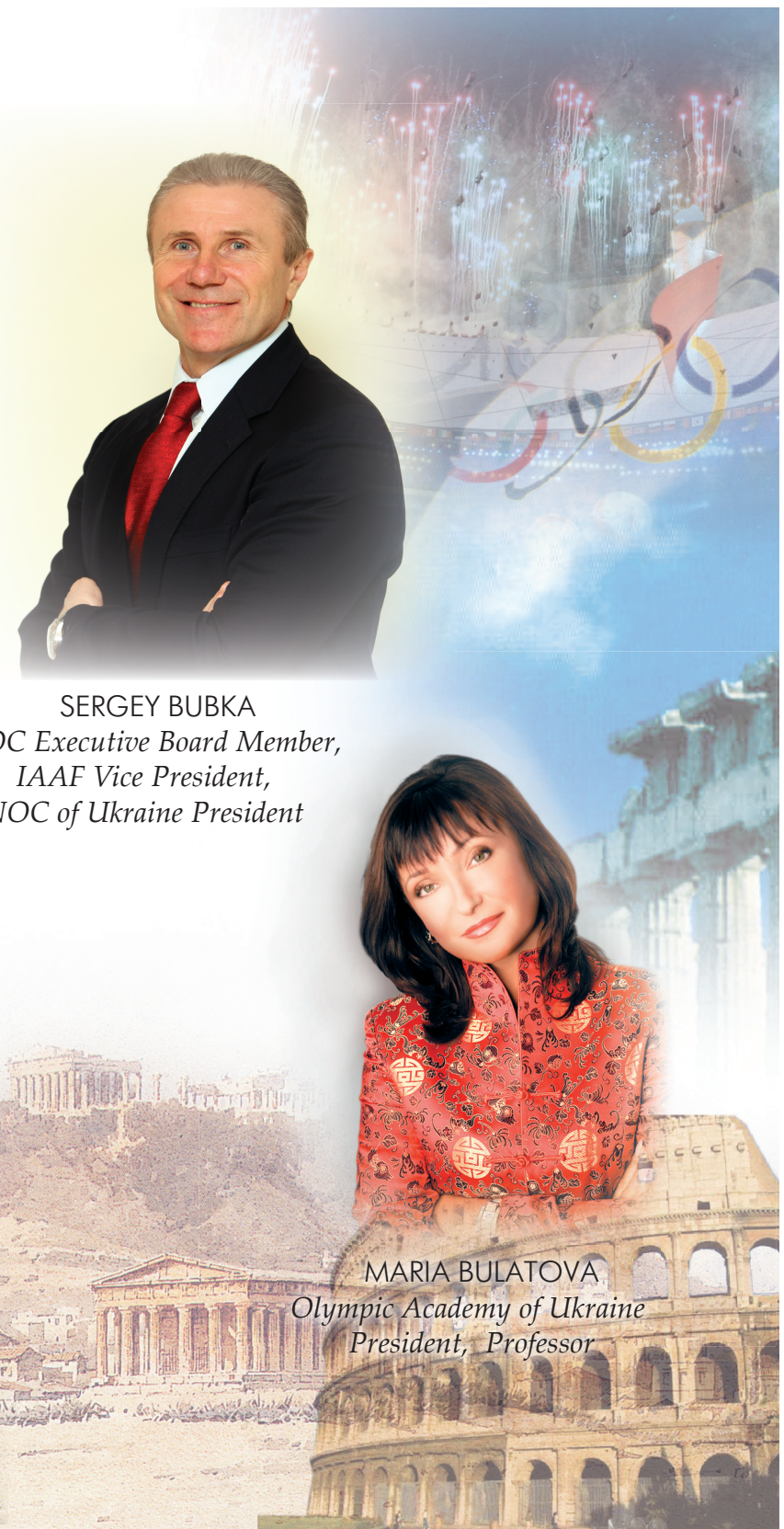
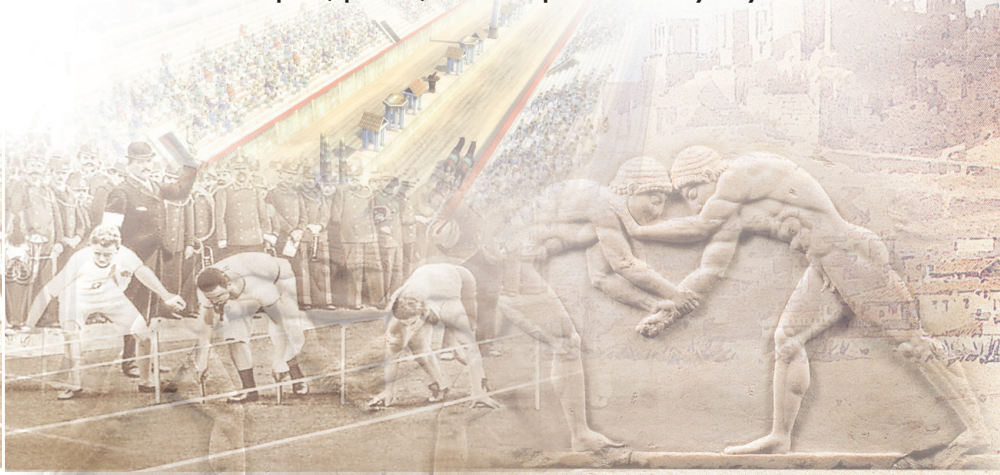


TABLE OF CONTENTS



| | |
|---|----------|
| Ancient Olympic Games | 8 |
| The Origin of the Olympic Games | 10 |
| Participants at the Olympic Games | 14 |
| The Program of the Olympic Contests | 18 |
| Other Games of Ancient Greece | 23 |
| Legends and Myths on the Origins of the Olympic Games | 25 |
| On the site of Ancient Olympia | 28 |



| | |
|-----------------------------------|-----------|
| Olympic Games revival | 32 |
| Pierre de Coubertin and his dream | 35 |
| Olympism | 44 |



| | |
|---------------------------------------|-----------|
| Olympic symbols and ceremonies | 46 |
| The Olympic symbols | 47 |
| Olympic Rings | 47 |
| Olympic Motto | 48 |
| Olympic Emblem | 48 |
| Olympic Flag | 49 |
| Olympic Flame | 49 |
| Olympic Torch Relay | 49 |
| Olympic Anthem | 52 |

| | |
|---------------------------------|-----------|
| Olympic Games ceremonies | 52 |
| Opening Ceremony | 52 |
| Olympic Oath | 55 |
| Award Ceremony | 53 |
| Closing Ceremony | 54 |
| Olympic Village | 55 |
| Mascots | 56 |
| Olympic Torches | 58 |

| | |
|-----------|---|
| 60 | The International Olympic system |
| 61 | The International Olympic Committee (IOC) |
| 62 | IOC Presidents |
| 63 | The International Olympic Academy |
| 63 | The Olympic Museum |
| 64 | International Sports Federations |
| 65 | National Olympic Committees, ANOC |
| 66 | Olympic Solidarity |
| 66 | The Olympic Partnership |



| | |
|-----------|--|
| 68 | The Games that conquered the World |
| 70 | Games of the Olympiad |
| 70 | Olympic Winter Games |
| 71 | Olympic Posters |
| 76 | Sports in the Games of the Olympiads |
| 77 | Sports in the Olympic Winter Games |
| 78 | Outstanding Achievements in Sport |
| 81 | Fair Play in Sport |
| 82 | Women in Olympic Sport |
| 84 | Technological progress and the Olympic Games |
| 85 | Mass Media |
| 86 | Problems of Olympic Sports |
| 86 | A Fair Fight |
| 86 | Injuries |
| 87 | Bad Officiating |
| 87 | Protection of the Environment |
| 87 | Security |
| 88 | Youth Olympic Games |



| | |
|------------|---|
| 92 | Europe in the Olympic Movement |
| 100 | The European Olympic Committees and The European Youth Olympic Festivals |
| 112 | European Games |
| 114 | Questions and Tasks |

